



Medical experts advise you to steer clear of that little holder bag on the back of the seat in front of you. Too often, bare feet, dirty diapers, outdated food and soiled underwear are stashed in them.

It's also a good idea to take disposable medicated tissues aboard, and before you sit down, wipe off the headrest, seatbelt buckle and tray table. Also, when you gotta go into airport and aircraft toilets, wipe off the inside handle of the doors and other surfaces. With the spread of coronavirus, it's always wise to fly as hygienically as possible, or not fly until the problem settles down.