

To most seniors, airports are places to get to and get away from as quickly as possible. However, there are benefits to exploring some of them, even when flights are delayed or required to wait around for ground transportation.

The Los Angeles International Airport's Imperial Terminal has the Flight Path Learning Center. In addition to the free gym and yoga facilities, it boasts the only aviation museum and research center located directly inside a major U.S. airport.

For kids through to seasoned citizens, the Center offers a flight-simulator training program. The address is 6661 Imperial Highway, Los Angeles CA 90045. For more info, go to flightpathmuse um.com