

Many older people, widowed or otherwise without traveling companions, decline ocean voyages because of high cabin rates. Until recently, cruise lines always charged an extra fee for those sailing solo. Singles who occupied cabins alone often had to pay as much as for two people.

NCL now offers economical and compact, one-passenger studio-sized cabins on some of its ships. The nearby area also has an exclusive lounge for those singles who choose to mingle. For schedules, prices and other information, check with your travel agent or go to ncl.com