

Many senior travelers are accustomed to sneaking leftovers from restaurants back to their hotel rooms for free late-night snacks. It also happens on cruise ships for moonlight bites on deck or munchees in their cabins.

However, Norwegian has now forbidden doggy bagging on its ships. The reason is that uncontrolled food spoilage may be a contributing factor to seaborne illnesses that spread quickly among passengers and crew. Because we too frequently see news of such unfortunate happenings at sea, we can understand the Norwegian policy.