



Passengers riding along Amtrak's Northeast Corridor enjoy ritzier dining and beverage choices while aboard the trains. The new service is called Corridor Café Menu, with average price for a ham sandwich with a Coke at \$10. As reported by USA Today, the meals are more healthy and varied than those previously served.

Your elderly travel4seniors.com editor has train memories that go back to the 1940s and the food available on Amtrak's predecessor, the Pennsylvania Railroad. For example, the basic ham sandwich with a Coke then cost 25¢. The sandwich consisted of two lean pieces of soggy white bread with a single slice of ham inside that was so thin it was almost transparent. Let's hope today's menu is a bit more appealing and generous.