Jeanne, Santa Ana CA asks: What's the best airport fast-food restaurant for getting a take-with-you meal before boarding my flight?

I like McDonald's, Burger King and Taco Bell. However, airport prices for the same food are about double what you pay in a neighborhood branch of the same fast-food restaurants. If you have time, stop at one and buy your packaged quick food on the way to the airport. Cheaper still, make and package your onboard sandwich at home before you leave on your travels.