



As concerned seniors, we have a very basic worry about foreign toilets. When the need for a bathroom happens while on a city street, what do we do? *Mrs. PRL, St. Louis MO*

A: Before you stroll, be sure you have some of that country's coins on you for available coin-operated toilets. Use your smartphone to get into apps, such as Flush. It's free with a map locating nearest public toilets. Also, Freepee.org lists free public toilets in many world cities. Another basic tip: Carry a small soap bar or tube along with disposable tissues.