

My 32 years in the Navy took me to all parts of the USA, but never overseas. Now retired, I want to see parts of the world that were only dreams before. South America, England, France, Italy. Family members say it just isn't safe to do alone. What do you say? *MTL, San Diego CA* 

A: We don't want to exaggerate, but women are often at risk when they travel alone in other cultures where they're considered fair game for robbery and physical attack. For that first venture abroad, we suggest you sign on for an interesting senior singles group trip or cruise. You'll be safe and with compatible people. It will give you experience in travel to use later when ready to go it alone.