



Q: I'm 66, newly retired and blessed with good health. On a recent cruise, there were some very elderly people aboard in wheelchairs. When I asked to assist several around the ship, they got very angry with me. What are the rules when you try to show simple kindness? *Mrs. PJJ, Denver CO*

A: Understand that many handicapped people insist on being as independent as possible. Right or wrong, some resent offers of help as demeaning. Of course, it's very kind of you to offer, and you should keep doing it. However, be prepared for rejection, and then back politely away.