



According to AARP Travel research, only 15% of Americans age 45 and up have enjoyed a couples togetherness journey in the past two years. With the annual February day celebrating love approaching, travel4seniors.com joins AARP in recommending travel planning that celebrates, reinforces and reinvigorates togetherness. The research also found that once couples go away together on a romantic trip, an overwhelming 95% would do it again within a year.

Dr. Pepper Schwartz, AARP Love and Relationships Ambassador, reports, “Getting away for just a weekend to dine out, learn something new or relax on a beach can help foster a stronger bond in a relationship.” Her just-published book, *Places For Passion*, suggests 75 romantic world destinations for renewal of the bonds of love.

Convenient ideas for planning romantic journeys is through AARP Travel's Trip Finder:

Weekend Getaways: Tailored to specific interests, with customized itineraries for trips of three hours or less.

Trip Finder: Series of questions to encourage ideas and recommendations for sometimes surprising destinations.

Map Explorer: Detailed street-level interactive map includes attractions, restaurants, hotels, local color and reviews for each destination.

My Trips: Create a personal page to save and organize trip ideas, itineraries and related articles in one place. Add or edit to prepare for future senior adventures.

Book Trips: AARP can help get the best travel deals through Expedia and Liberty Travel, as well as directly to hotels and car rental agencies.

To visit AARP's travel site visit and get more tips for romantic travel, go to www.aarp.org/romantictravel