

First, stop hoping you'll find the love of your later life on that big blinking idiot box in front of you. Most TV bios and their pix in the lonely hearts commercials are phony. To mingle with singles, you have to lift your lonely butt off the sofa and get into the real-life action.

To meet other unattached seniors, travel is one of the best ways to do it. For example, book with Road Scholar for a music-themed (from your generation) Caribbean cruise. Or do a hiking trip (easy one, of course) through the Rockies, a weekend of NYC theater and dining or joining a songfest week at a Vienna university.

How about doing volunteering by signing up for a Habitat for Humanity home repair project? It's highly possible you could find romance while perched high on a ladder with another volunteer.

If you want to tour with groups of single seniors, check with your travel agent, church, school or other local organization to find group travel plans that appeal to you. The internet is also a great source of hundreds of options for group senior travel, including seniors single-only cruises, where mingling is expected and encouraged.