



Travel expert Rick Steves recently wrote one of his very informative articles in USA Today. It was very detailed about finding good, healthy food. We can sum up his sage advice in one phrase: go where the local people dine.

In our own world wanderings over the decades, we've applied that rule in San Francisco, Philly, Hong Kong, London, Venice, Buenos Aires, Moscow, Las Vegas and many other destinations. We observe local families out to dine, as well as ask for suggestions from local hotel clerks and cabbies.