

The image shows a hotel room's honor bar menu and a bottle of Beefeater vodka. The menu is divided into several sections: SNACKS, BEVERAGES, WINES, SPIRITS, BEER, BREAKFAST, JUICES AND BEVERAGES, COFFEES, TEAS, CEREALS, SIDES, and SMOOTHIES. The prices are listed next to each item. A bottle of Beefeater vodka is visible in the foreground, partially obscuring the menu.

SNACKS

Chocolate Chip Cookies	\$ 9.00
King Size Snickers	\$ 7.00
M&M's	\$ 7.00
Cheese Crisps	\$ 9.00
Altoids Curiously Strong Mints	\$ 7.00
Dark Chocolate Toffee Pistachios	\$ 10.00
Kelco Potato Chips	\$ 8.00
Pringles	\$ 7.00
Banana Moon Cashews	\$ 9.00
Emergen-C	\$ 5.00
Sport Jelly Beans	\$ 5.00

BEVERAGES

Still Water 1 liter	\$ 10.00
Still Water 500ml	\$ 7.00
Badol 300ml / Sparkling	\$ 7.00
Red Bull	\$ 8.00
Knudsen Fruit Juices	\$ 8.00
Snapple Lemon Iced Tea	\$ 6.00
Vitamin Water	\$ 7.00
Coke/Diet Coke	\$ 6.00
Vita Coco	\$ 8.00
Fever Tree Tonic	\$ 7.00

WINES

Perrier-Jouët, Brut Champagne	\$ 60.00
Sauvignon Blanc, Napa Valley	\$ 30.00
Chardonnay, Napa Valley	\$ 50.00
Merlot, Napa Valley	\$ 40.00
Cabernet Sauvignon, Napa Valley	\$ 45.00

SPIRITS

Stol Vodka	\$ 10.00
Glenlivet	\$ 11.00
Casamig	\$ 11.00
Maker's	\$ 10.00
Grand M	\$ 10.00
Beefeater	\$ 10.00

BEER

Heineken	\$ 10.00
Corona	\$ 10.00
Bud Light	\$ 10.00

BREAKFAST

Our kitchen never sleeps... call for Midnight snacks!
Please hang on your outside door/knob before 1:00 a.m.

Served from 6:00 a.m. - 11:00 a.m.
Please indicate the number of portions of each item in the space provided.

JUICES AND BEVERAGES

Orange	2	Grapefruit	4	Cranberry	4
V8	2	Apple	2	Pineapple	4
Pomegranate	2	Carrot	2	Mango	4
Tomato	2	2% Milk	4	Whole Milk	4
Flax Milk	4	Almond Milk	4	Soy Milk	4
Hot Chocolate	4				

COFFEES

Small	7.00	Large Sparkling Water	10.00
Small	7.00	Large Still Sparkling Water	10.00

TEAS

Green Tea	4	Herbal Tea	4
English Breakfast	4	Earl Grey with Lemon	4
Chamomile Flowers	4	Peppermint Leaves	4
Mint Tea	4	Vanilla Rooibos	4

CEREALS

Corn Flakes	4	Rice Krispies	4	Syrup	4
Wheat Bran	4	Chex	4		

SIDES

Milk (Regular, Almond or Soy)	4	Low Fat Yogurt	4		
Fruit Flax	15	Half Grapefruit	10	Half	10
Banana	6	Mixed Berries	15		

SMOOTHIES

Mango Berry	12	Mango-Pineapple	12
Strawberry	12	Blueberry	12

Recently stayed at a nice beach hotel. Room rates were modestly high, with a lunch included. However, scan the prices of stuff in the so-called honor bar. Are you old enough to remember when a candy bar, bag of jelly beans and soda were a nickel or dime? And a beer or shot of whiskey just 50¢? Here they cost many, many times more.

Do yourself a favor next time you check into a posh hotel. Stop first at a local store and load up before going to your room. The prices of the store-bought snack stuff aren't as cheap as they were when you were young. But they won't be 1,000% higher, as they are in hotel room fridges.