

Your travel4seniors.com editor never hits the wild blue yonder without a simple sleep mask. It blocks out the light and relaxes me. Of course, I also take in-ear and/or large, padded earphones.

They provide sounds that blot out the many disturbing noises of flying. They also keep me tuned in to Smartphone, radio, business, music and everything else to help the hours fly by in the sky.

To get the right equipment for your flying needs, check with your hometown electronics store. There are also many online ads that sell the latest available items to make your next flight more comfortably dreamy.