



Now that you're stuck inside and can't travel, try some new activities to help pass the boring hours of forced isolation.

1. Go online to find classic movies and books you can enjoy again. How about "Singin' In The Rain", "Citizen Kane", "The Best Years Of Our Lives", "Stagecoach", "The Producers", "The Wizard Of Oz". Three Stooges and/or other favorites from long, long ago.
2. Learn a new language. Now you'll have plenty of time to practice reading and speaking like a native. How about getting into Spanish, Italian or more complicated Chinese.
3. Renew old friendships and contact with distant relatives. Go online to recontact school, service and college buddies. Exchange photos, videos, Trump opinions and family updates.
4. Be a creative author! Write articles about subjects of interest to you. Submit them to websites that accept and/or pay for them. Get really ambitious and write that book you've always wanted to expand your creative talents. Write about the time you spent in the service during that war nobody wanted and everyone has since forgotten?
5. Enhance a physical skill. Get back on at least a one-hour daily exercise workout. Also revisit a physically-challenging hobby, such as building miniature aircraft, boats, cars and other models. It's crucial that you keep mind and body creatively active while being forced to stay at home.