

What's next? A two-year-old using diapers as sails

For seniors who are leery about taking their very first cruise, they should consider the latest brave kid attempting to circumnavigate a la Magellan.

A 14-year-old girl from Holland sailed out of Portugal in the latest quest to become the youngest person to sail solo around the world. In recent months, a 16-year American girl tried to earn the Guinness title. She had to be rescued just a few days into her voyage.

So, landlubbers, next time you're tempted to sign up for that three-day cruise, forget your fears and go for it!