



Santa Barbara is a beautiful seaside city in central California, some 100 miles north of Los Angeles. The surrounding mountains and breathtaking ocean views make the quiet, former old mission town a great destination for senior visitors.

The easy-going lifestyle is just right for seniors, peaceful and serene. The beach and surf are among the best in California. For golfers, nearby areas offer several championship courses. There are many restaurants, cafes and all kinds of shopping, both bargain and upscale.

On any day in town or by the ocean, you may see Hollywood celebrities strolling along. Among those who maintain homes in the area are John Travolta, Bo Derek, Oprah Winfrey, Fess (Davey Crockett) Parker, Kirk Douglas and Carol Burnett. They're just folks in Santa Barbara, and unlike in star-crazed Los Angeles, people respect their privacy.

The city is host to many permanent attractions and annual events including the Santa Barbara Zoological Gardens, Cinco De Mayo, Old Spanish Days Festival, Solstice Celebration, and the Santa Barbara Film Festival.

There are many moderately-priced motels and upscale hotels near or on the beach. Among them are Hotel Oceana, Hotel Santa Barbara, the Inn of the Spanish Garden and the Four Seasons Santa Barbara.