



Your travel4seniors.com editor has cruised into many ports. Some were delightful, while others were crime-controlled, dirty, bad food and/or rip-off tourist traps.

Senior cruisers wandering through food markets ashore are particularly vulnerable in the most dangerous port cities. They're typically dressed in very obvious tourist clothes, with dangling handbags, smartphones glued to ears and wallets wide open as they buy from street stands.

Do research before your ship docks. Check on the history of the area, especially about violence, disease, poor sanitation and other negative info. If it seems unattractive or dangerous to you, and you're physically-limited, stay aboard your cruise ship. However, if you insist on touring with such negative potential, go only with a group of other passengers, preferably accompanied by professional guides throughout the shore visit.