

When we hit age 65, most of us are still in good enough shape to handle all the physical requirements of post-retirement travel. We can ride the camel in Egypt, bike along Monaco's championship trails and swim with the dolphins in Acapulco.

However, the inevitable aging process slows us down in the next decade, and in the next and so on. Therefore, while you still can do it all and have the time, book that intercontinental flight to Singapore, go aboard a luxury liner to Spain and bask on the tropical beaches of Bermuda. The old saying is you only live once. Well, if you do it right, once is enough if you've spent those retirement years exploring the wonderful world around you.