



Airline economy seats are getting smaller all the time, and passengers are jammed ever tighter together. Therefore, if you're addicted to those products, have some consideration for anyone next to you forced to endure their resulting, revolting odors for endless hours.

This involves spending at least a day before flights ridding your body, breath and clothing of the offensive smells. And in the case of eating just before flying, try to avoid food that causes breath and bodily function eruptions. On behalf of the passenger in the next seat, we thank you.