

We're in our 60s and physically fit. We ride e-scooters in our home town, and would like to use them when we visit New York City. We know the hazards and always wear helmets, but wonder if it's safe enough there. Mrs. EKL, Princeton NJ

A: First check with current NYC safety rules. E-scooters are having speed and accident problems in some cities, causing tight restrictions, and in some cases are totally banned. Senior visitors with sharp reflexes, clear eyesight, along with proper use, protective clothing and good luck, e-scooters can be a very convenient way to get around busy Manhattan. However, before doing it, consider your age, agility and ability to peal through the Big Apple.